

Course Outline for: NURS 1151 Parent Child Nursing**A. Course Description:**

1. Number of credits: 3
2. Lecture (Theory) hours per week: 2
Lab hours per week: 1
Clinical hours per week: 1.5
3. Prerequisites: NURS 1000 and NURS 1051 or NURS 1020
BIOL 2042, BIOL 2044
4. Corequisites: NURS 1101
5. MnTC Goals: None

Nursing care of the childbearing family and the childrearing family from infancy to adolescence requires specialized knowledge. Emphasis is placed on application of maternal child health knowledge and pediatric growth and development theory, skills, clinical judgment, integrative holistic care, safety and quality of care, teaching and learning, and determinants of health affecting health equity. The student will continue to develop their role as a member of the nursing profession in relation to these populations with embedded case studies, other concept-based activities, and direct-focused integrative learning to foster active experimentation in various settings.

B. Date last reviewed/updated: October 2024**C. Outline of Major Content Areas:**

1. Professional Integrity
 - A. Attributes and Roles of a Nurse
 - i. Professionalism
 - ii. Clinical Judgment
 - iii. Self-care
 - iv. Social Justice
 - B. Care Competencies
 - i. Holistic Nursing Process/Person-centered Care
 - ii. Communication
 - iii. Collaboration
 - iv. Quality & Safety
 - v. Informatics
 - vi. Evidence-based/Evidence-informed Practice
 - vii. Care Coordination
2. Physiological Integrity
 - A. Physiological Homeostasis Regulation
 - i. Fluid & Electrolyte Balance
 - ii. Acid-Base Balance
 - iii. Thermoregulation
 - iv. Cellular Regulation/Genetics
 - v. Intracranial Regulation

- vi. Metabolism
- vii. Nutrition
- viii. Elimination
- ix. Sexuality & Reproduction
- x. Oxygenation
- xi. Perfusion
- B. Protection and Movement
 - i. Immunity
 - ii. Inflammation
 - iii. Infection
 - iv. Tissue Integrity
 - v. Sensory Perception
 - vi. Comfort
 - vii. Mobility
 - viii. Rest
- 3. Psychosocial Integrity
 - A. Psychosocial Homeostasis
 - i. Family Dynamics
 - ii. Culture/Spirituality
 - iii. Motivation/Adherence
 - iv. Cognitive Function
 - v. Coping/Stress/Adaptation
 - vi. Grief & Loss
- 4. Lifespan
 - A. Health Equity
 - i. Determinants of Health
 - ii. Implicit Bias Education

D. Course Learning Outcomes:

Upon successful completion of the course, the student will be able to:

1. Examine the role of the professional nurse, and one's personal beliefs, values, and biases as they relate to equitable care of the childbearing/childrearing family population.
2. Identify factors designed to promote safety and the achievement of quality outcomes of care in health care settings of the childbearing/childrearing family populations.
3. Integrate and apply knowledge, inclusive of evidence-based sources of information, to guide clinical judgment when providing safe care of the childbearing/childrearing family population.
4. Collect and interpret data to guide teaching and learning that recognizes the integrated holistic person/family as well as knowledge of health determinants to assist the family in achieving health care goals.
5. Demonstrate clinical judgment and promote the achievement of quality outcomes of care for childbearing/childrearing family population.

E. Methods for Assessing Student Learning:

Methods for assessment may include, but are not limited to, the following:

1. Written examinations and quizzes.
2. Alternative format, written, and reflection assignments.

3. A clinical competency evaluation tool will be used in the experiential settings to evaluate the successful completion of core competencies (See Competency Evaluation Tool).
4. Rubrics will be used for formative and summative evaluations of written and reflection assignments, and the on-campus laboratory/simulation for the evaluation of course outcomes.
5. Successful completion of each part of this course as defined below is necessary to progress to the next semester. However, unsafe clinical performance may result in failure of the course.

Part 1 Theory: The student must obtain a 78% or greater in order to pass.

Part 2 Experiential Learning: Students must achieve a 78% or greater and demonstrate safe practice.

- i. Direct-Focused Integrative Care/Clinical performance: Pass/Fail: Students must pass all clinical competency outcomes in order to progress to the subsequent semester.
- ii. Concept-Based Experiences: Simulation and planned encounters presenting authentic client case exemplars to provide opportunities for students to learn to think like a nurse.
- iii. Skill-Based Activities: Lab experiences include psychomotor skills, as well as communication, teaching, advocacy, coaching and interpersonal skills among others (Instructor validation of skill performance).

F. Special Information:

Refer to nursing student handbook for additional details.